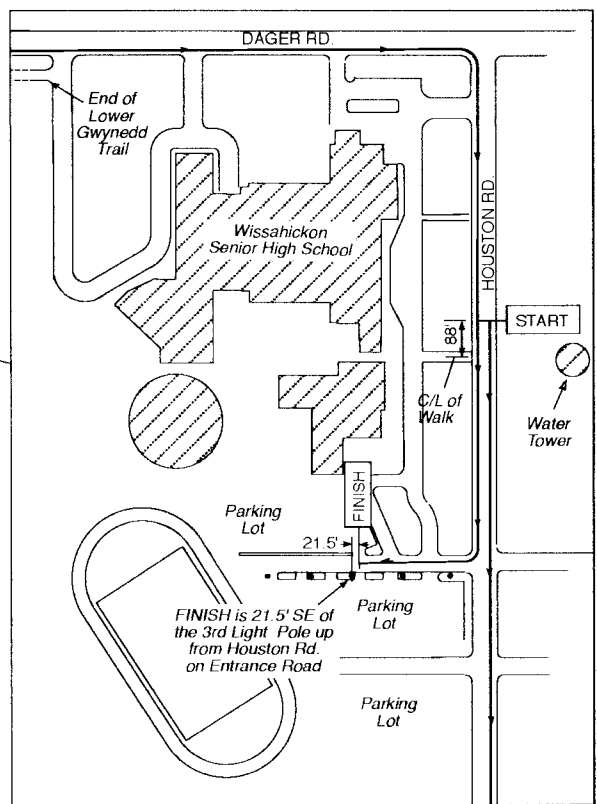
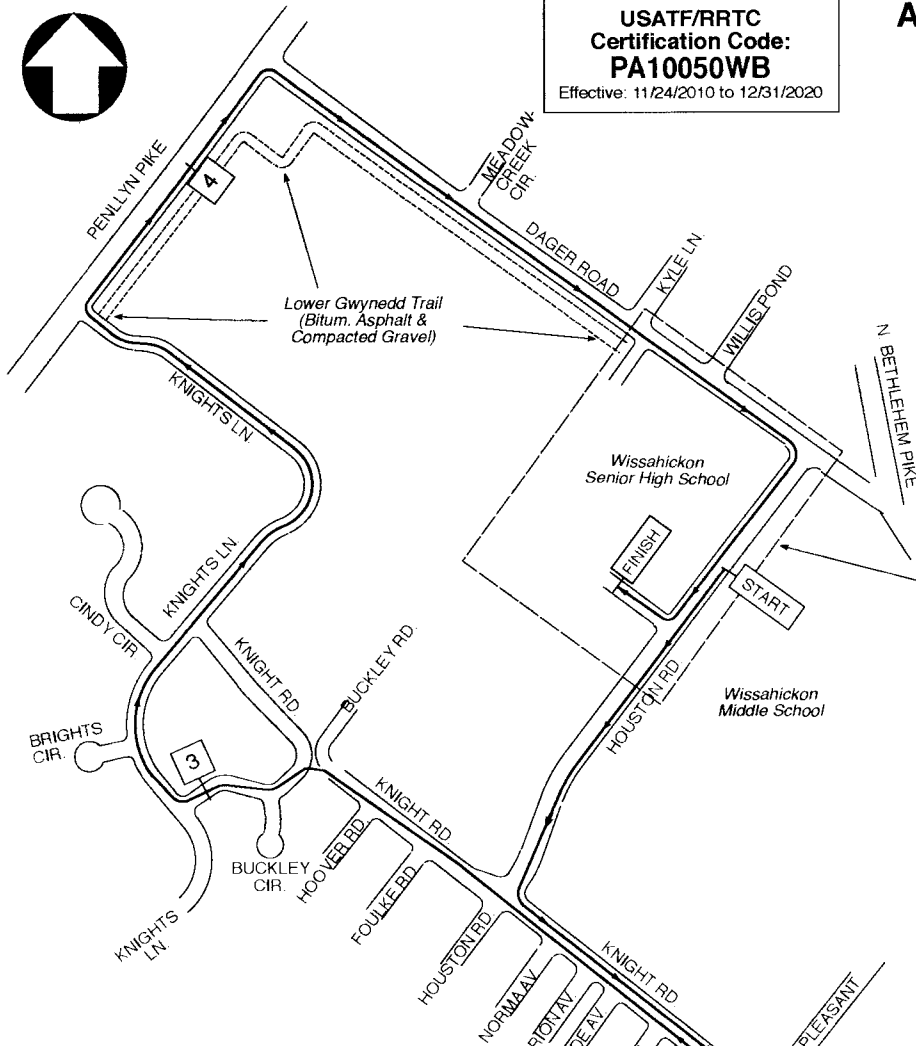




USATF/RRTC  
 Certification Code:  
**PA10050WB**  
 Effective: 11/24/2010 to 12/31/2020

**AMBLER FROSTBITE 5 MILER - 2011**  
 (Snow Route)  
 Ambler, Montgomery Co., PA



**COURSE DESCRIPTION:**

**START:** ON HOUSTON RD, 88' NE OF THE CENTERLINE OF THE WALKWAY RUNNING NW TO THE SCHOOL, AND 82.5' NE OF UTILITY POLE #31618D. MARKED BY 'S' IN A SQUARE, 'AFB 5M' ABOVE, '2011' BELOW, 12" OUT FROM THE SE CURB, WITH A STRIPE ON BOTH CURB, ALL IN YELLOW PAINT.

**MILE 1:** ON HENDRICKS ST., 6.5' SE OF THE SE CURB LINE OF EDGEWOOD DRIVE, AND 43' NW OF UTILITY POLE #56550 MARKED BY '1' IN A SQUARE, 'AFB 5M' ABOVE, '2011' BELOW, IN THE PAVED ENTRANCE OF EDGEWOOD DRIVE, ALL IN YELLOW PAINT.

**MILE 2:** ON THE EAST SIDE OF REIFFS MILL RD., BETWEEN N MAIN ST AND TENNIS AV, APPROX. 160' N OF N MAIN ST, AND MORE ACCURATELY 13.8' S OF A 'SPEED LIMIT 25' SIGN AND 51.5' N OF UTILITY POLE #8715. MARKED BY '2' IN A SQUARE, 'AFB 5M' ABOVE, '2011' BELOW, 12" OUT FROM THE EAST CURB, WITH A STRIPE ON THE CURB, ALL IN YELLOW PAINT.

**MILE 3:** ON KNIGHT RD., BETWEEN THE BITUMINOUS PATH AND BUCKLEY CIRCLE, MORE ACCURATELY 17' WEST OF THE MAILBOX OF #717 KNIGHT RD. MARKED BY '3' IN A SQUARE, 'AFB 5M' ABOVE, '2011' BELOW, ABOUT 6' OUT FROM THE NW CURB, STRIPE ON THE EDGE OF THE CONCRETE DRIVEWAY APRON, ALL IN YELLOW PAINT.

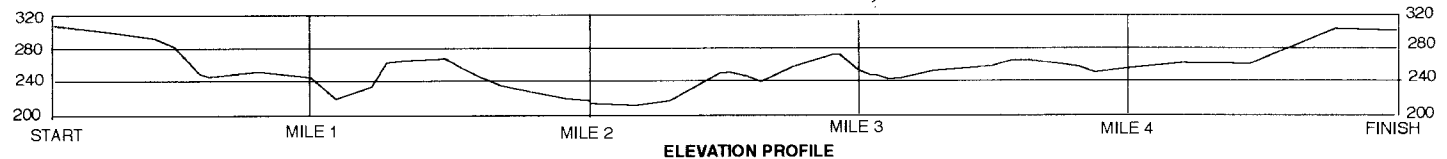
**MILE 4:** ON SE SIDE OF PENLLYN PIKE, 5.5' SOUTHWEST OF UTILITY POLE #16 AND 136' SW OF ANOTHER UTILITY POLE HAVING A LARGE METAL BOX ATTACHED TO IT ABOUT 5' UP FROM THE GROUND. MARKED BY '4' IN A RECTANGLE, 'AFB 5M' ABOVE AND '2011' UNDERNEATH IN YELLOW PAINT, WITH 'SNOW ALT' IN WHITE PAINT NEXT TO THE MARKING, AND ADJACENT TO THE WHITE TRAFFIC STRIPE ON THE SOUTHEAST EDGE OF THE PAVING.

**FINISH:** ON THE ENTRANCE ROAD LEADING TO THE NORTH END OF THE STADIUM, APPROX. 243' NW OF THE NW CURB LINE OF HOUSTON RD., AND MORE ACCURATELY 21.5' SOUTHEAST OF THE 3RD LIGHT POLE NW OF HOUSTON RD. MARKED BY 'F' IN A SQUARE, 'AFB 5M' ABOVE, '2011' AND 'SNOW ALT' BELOW, 12" OUT FROM THE NE CURB LINE OF THE ENTRANCE RD., ALL IN WHITE PAINT.

**ELEVATIONS:**

|          |        |
|----------|--------|
| START:   | 311 FT |
| FINISH:  | 297 FT |
| HIGHEST: | 316 FT |
| LOWEST:  | 218 FT |

BILL BELLEVILLE  
 ARDMORE, PA  
 NOV. 2010  
 CS-1082 alt



**ELEVATION PROFILE**