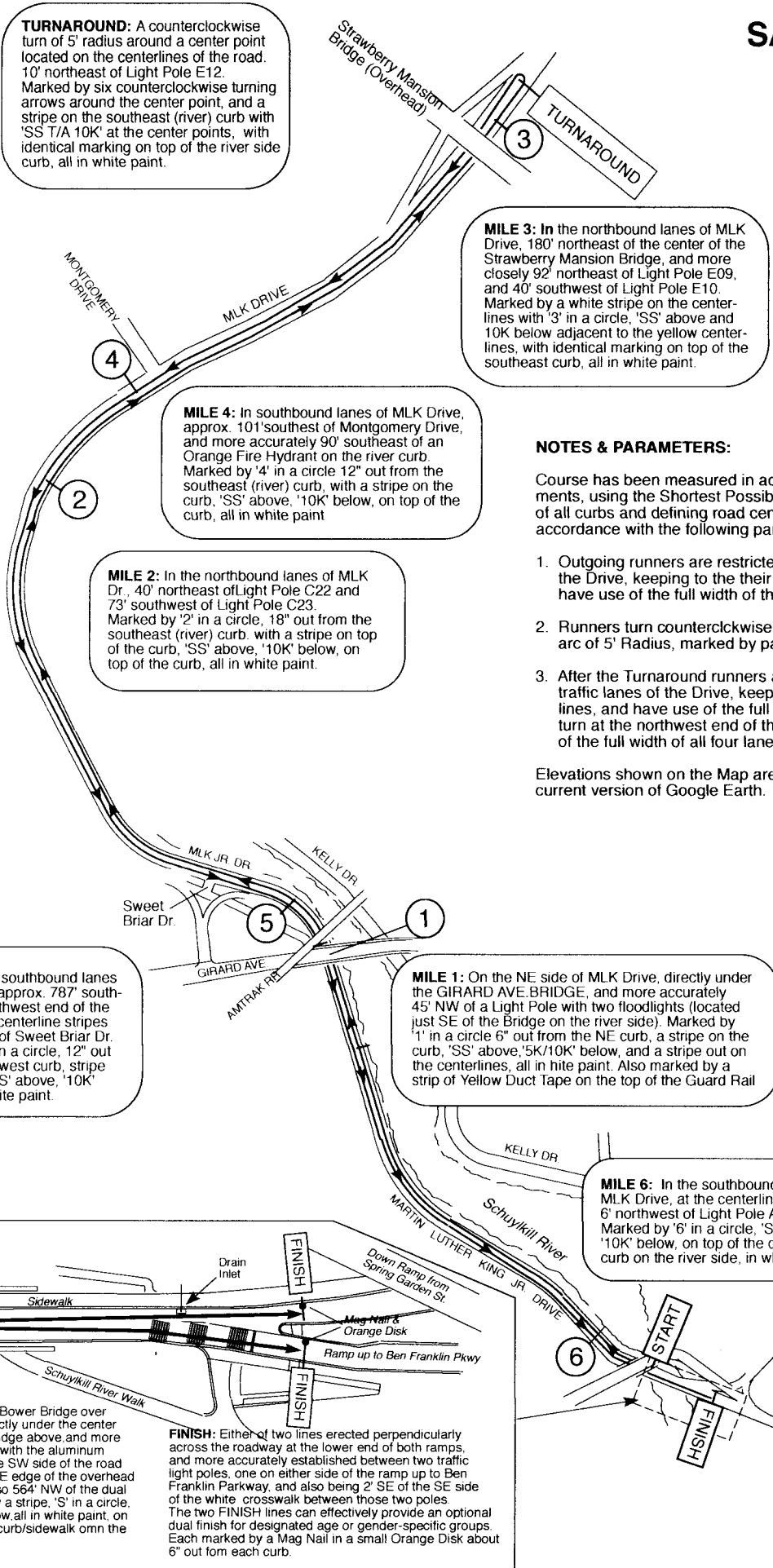




SANDY SPRINT 10K Philadelphia, PA

USATF Certificate PA14009WB
Effective: 04/14/2014 to 12/31/2024

ELEVATIONS:
Start: 44 Ft.
Finish: 46 Ft.
Highest: 46 Ft.
Lowest: 30 Ft.



TURNAROUND: A counterclockwise turn of 5' radius around a center point located on the centerlines of the road. 10' northeast of Light Pole E12. Marked by six counterclockwise turning arrows around the center point, and a stripe on the southeast (river) curb with 'SS T/A 10K' at the center points, with identical marking on top of the river side curb, all in white paint.

MILE 3: In the northbound lanes of MLK Drive, 180' northeast of the center of the Strawberry Mansion Bridge, and more closely 92' northeast of Light Pole E09, and 40' southwest of Light Pole E10. Marked by a white stripe on the centerlines with '3' in a circle, 'SS' above and 10K below adjacent to the yellow centerlines, with identical marking on top of the southeast curb, all in white paint.

MILE 4: In southbound lanes of MLK Drive, approx. 101' southeast of Montgomery Drive, and more accurately 90' southeast of an Orange Fire Hydrant on the river curb. Marked by '4' in a circle 12" out from the southeast (river) curb, with a stripe on the curb, 'SS' above, '10K' below, on top of the curb, all in white paint.

MILE 2: In the northbound lanes of MLK Dr., 40' northeast of Light Pole C22 and 73' southwest of Light Pole C23. Marked by '2' in a circle, 18" out from the southeast (river) curb, with a stripe on top of the curb, 'SS' above, '10K' below, on top of the curb, all in white paint.

MILE 5: In the southbound lanes of MLK Drive, approx. 787' southeast of the northwest end of the double yellow centerline stripes just southeast of Sweet Briar Dr. Marked by '5' in a circle, 12" out from the southwest curb, stripe on the curb, 'SS' above, '10K' below, all in white paint.

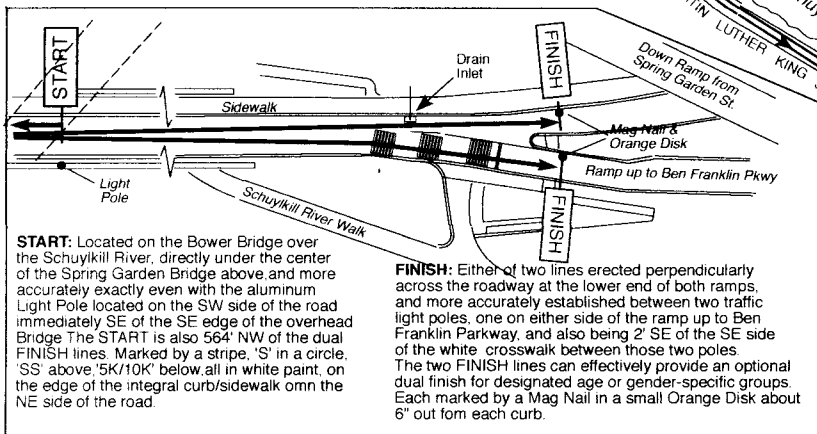
MILE 1: On the NE side of MLK Drive, directly under the GIRARD AVE BRIDGE, and more accurately 45' NW of a Light Pole with two floodlights (located just SE of the Bridge on the river side). Marked by '1' in a circle 6" out from the NE curb, a stripe on the curb, 'SS' above, '5K/10K' below, and a stripe out on the centerlines, all in white paint. Also marked by a strip of Yellow Duct Tape on the top of the Guard Rail

MILE 6: In the southbound lanes of MLK Drive, at the centerline stripes, 6' northwest of Light Pole A01. Marked by '6' in a circle, 'SS' above, '10K' below, on top of the concrete curb on the river side, in white paint.

NOTES & PARAMETERS:
Course has been measured in accordance with USATF/RRTC requirements, using the Shortest Possible Route (SPR) Method, to within 12" of all curbs and defining road centerlines on curves, and additionally in accordance with the following parameters:

- 1. Outgoing runners are restricted to the two northbound traffic lanes of the Drive, keeping to their right side of the yellow centerlines, and have use of the full width of those two lanes up to the Turnaround
- 2. Runners turn counterclockwise at the Turnaround on the outside of an arc of 5' Radius, marked by painted turning arrows.
- 3. After the Turnaround runners are restricted to the two southbound traffic lanes of the Drive, keeping to their right side of the yellow centerlines, and have use of the full width of those two lanes until the final turn at the northwest end of the Lower Bridge, where they have use of the full width of all four lanes to the appropriate designated FINISH.

Elevations shown on the Map are relative and are as observed using the current version of Google Earth.



START: Located on the Bower Bridge over the Schuykill River, directly under the center of the Spring Garden Bridge above and more accurately exactly even with the aluminum Light Pole located on the SW side of the road immediately SE of the SE edge of the overhead Bridge. The START is also 564' NW of the dual FINISH lines. Marked by a stripe, 'S' in a circle, 'SS' above, '5K/10K' below, all in white paint, on the edge of the integral curb/sidewalk on the NE side of the road.

FINISH: Either of two lines erected perpendicularly across the roadway at the lower end of both ramps, and more accurately established between two traffic light poles, one on either side of the ramp up to Ben Franklin Parkway, and also being 2' SE of the SE side of the white crosswalk between those two poles. The two FINISH lines can effectively provide an optional dual finish for designated age or gender-specific groups. Each marked by a Mag Nail in a small Orange Disk about 6" out from each curb.

Measured by
Bill Belleville
Ardmore, PA
04/05, 04/08, & 04/12/14
CS-1432