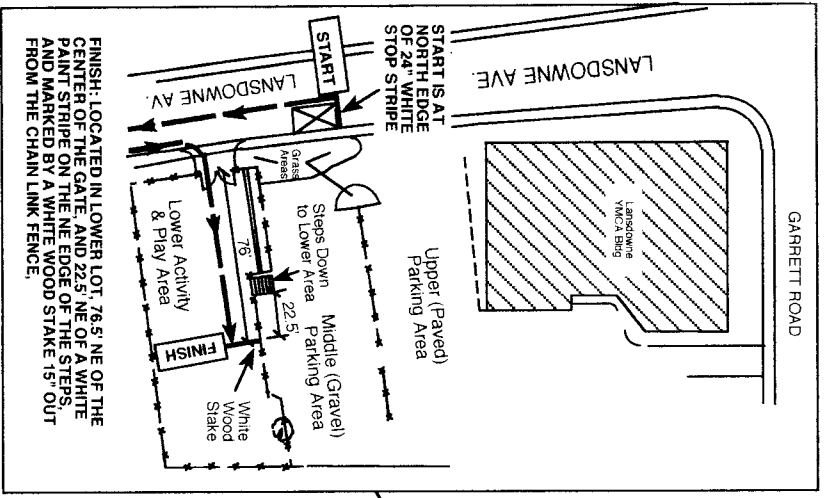




USATF/ARTC
 Certification Code
PA 09003 WB
 Effective 02/05/2009 to 12/31/2016

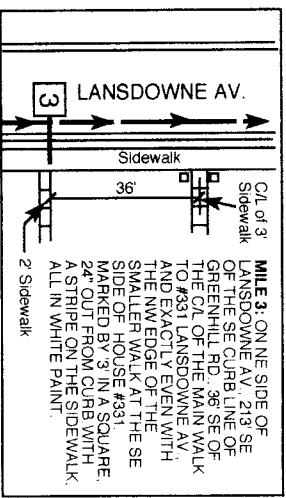
LANDSDOWNE YMCA REINDEER 5K

Lansdowne, PA



START IS AT NORTH EDGE OF 24' WHITE STOP STRIPE

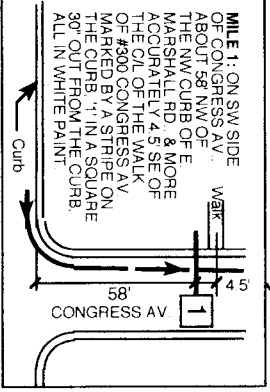
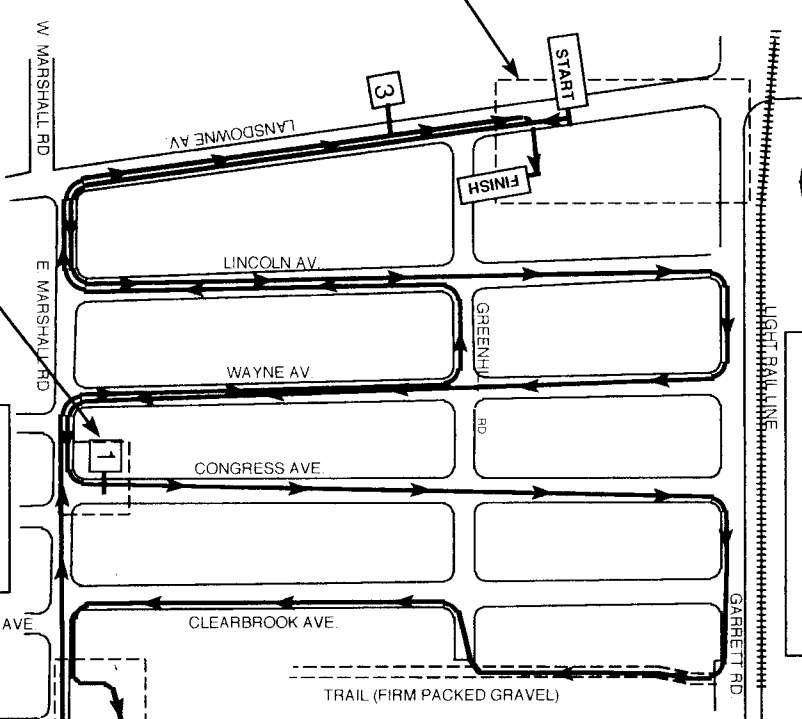
FINISH: LOCATED IN LOWER LOT, 76.5' NE OF THE FINISH OF THE GATE, AND 22.5' NE OF A WHITE PAINT STRIPE ON THE NE EDGE OF THE STEPS, AND MARKED BY A WHITE WOOD STAKE 15' OUT FROM THE CHAIN LINK FENCE.



MILE 3: ON NE SIDE OF LANDSDOWNE AV. 213 SE OF THE SE CURB LINE OF GREENHILL RD. 36 SE OF THE C/L OF THE MAIN WALK AND EXACTLY EVEN WITH THE NW EDGE OF THE SMALLER WALK AT THE SE SIDE OF HOUSE #331. MARKED BY 3" CURB WITH A STRIPE ON THE SIDEWALK, ALL IN WHITE PAINT.

NOTES:

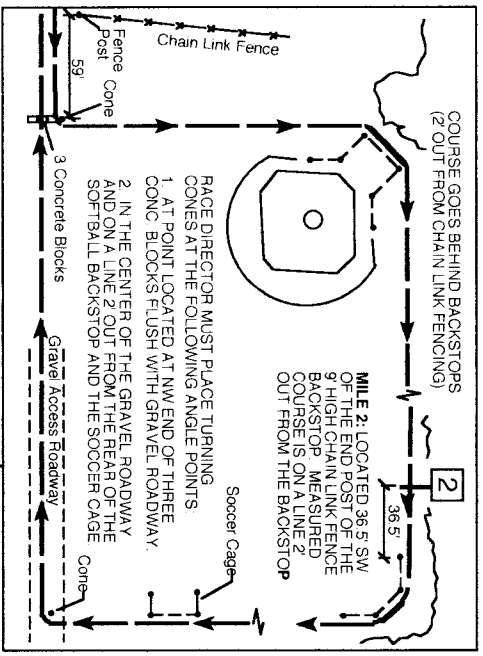
EXCEPT FOR THAT PORTION OF THE COURSE ON GRASS WITHIN THE BEVERLY HILLS RECREATION AREA, THE COURSE HAS BEEN MEASURED TO WITHIN 1/2" OF CURBS OR ROAD EDGES, IN ACCORDANCE WITH USATF/ARTC REQUIREMENTS, USING THE SHORTEST POSSIBLE ROUTE (SPR) METHOD, AND UTILIZING THE FULL WIDTH OF ROADS EXCEPT FOR THE FOLLOWING RESTRICTIONS TO E. MARSHALL RD. AND THE 1. NE SHOULDER AND ONE LANE OF LANDSDOWNE OFF E. MARSHALL RD. SAME ON THE RETURN ROUTE. 2. NET PAVING LANE CLOSURE SHOULD BE NECESSARY. 3. SHOULDER OF GARRETT RD. NOT PAVED. RAIN FROM GARRETT RD. TO GREENHILL RD.) 4. FULL WIDTH OF THE FIRM PACKED GRAVEL TRAIL FROM CLEARBROOK TO LEFT TURN INTO PARK. TRAFFIC CONES WILL BE REQUIRED AT RIGHT TURN OFF GARRETT RD. ONTO THE TRAIL, AT THE 45 DEG. RIGHT TURN OFF THE TRAIL TO ENTER GREENHILL RD. AT TWO POINTS WITHIN THE GRASS RECREATION AREA AT THE 45 DEG. RIGHT TURN AT THE E. MARSHALL CURB AND AT THE CURB AT THE RIGHT TURN TO FINISH. ELEVATIONS SHOWN ARE BASED ON VALUES TAKEN FROM GOOGLE EARTH IMAGING. MILE MARKINGS ARE TYPICALLY PAINTED WITH THE MILE NUMBER IN A SQUARE IN WHITE PAINT (EXCEPT MILE 2)



MILE 1: ON SW SIDE OF CONGRESS AV. 76 NW CORNER OF MORE ACCURATELY 4.8 SE OF THE C/L OF THE WALK OF 4900 CONGRESS AV. MARKED BY A STRIPE ON THE CURB, 1' IN A SQUARE 30' OUT FROM THE CURB, ALL IN WHITE PAINT.

ELEVATIONS:

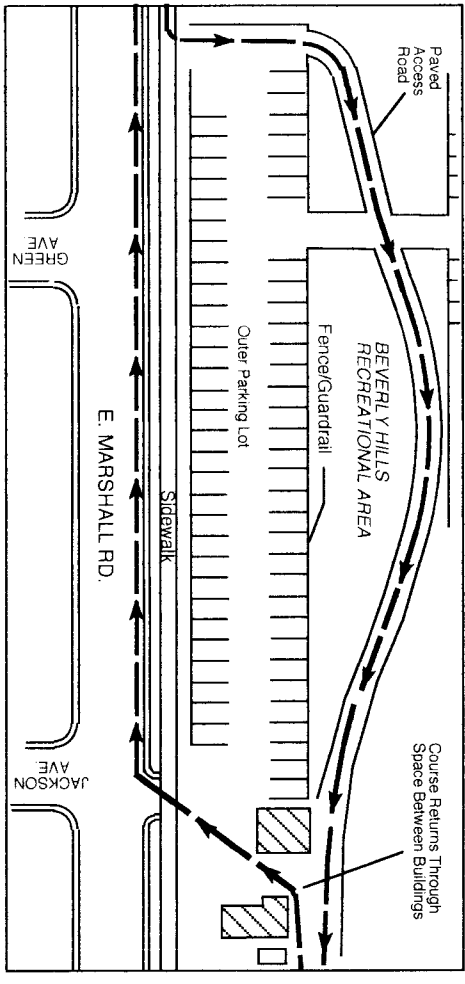
START	164 FT
FINISH	158 FT
HIGHEST	167 FT
LOWEST	117 FT



COURSE GOES BEHIND BACKSTOPS (2 OUT FROM CHAIN LINK FENCING)

MILE 2: LOCATED 36.5' SW OF THE END POST OF THE 9' HIGH CHAIN LINK FENCE BACKSTOP. MEASURED COURSE IS ON A LINE 2 OUT FROM THE BACKSTOP

RACE DIRECTOR MUST PLACE TURNING CONES AT THE FOLLOWING ANGLE POINTS:
 1. AT POINT LOCATED AT NW END OF THREE CONC. BLOCKS FLUSH WITH GRAVEL ROADWAY.
 2. IN THE CENTER OF THE GRAVEL ROADWAY AND ON A LINE 2 OUT FROM THE REAR OF THE SOFTBALL BACKSTOP AND THE SOCCER CAGE.



BILL BELLEVILLE
 ARDMORE, PA
 FEB. 5, 2009
 OS-0907